

How To Apply For No Cost or Reduced-Price Meals

Step 1: Check Your Income Eligibility and Learn About School Nutrition Programs

All students can participate in school meal programs. Visit [SquareMeals.org/AmIEligible](https://www.squaremeals.org/AmIEligible) to see if your children qualify to receive free or reduced price meals through nutrition programs administered by the Texas Department of Agriculture's Food and Nutrition Division.

Step 2: Contact Your School's Child Nutrition Department

After determining you may qualify, reach out to your Child Nutrition Director or the appropriate staff member below:

Name:

Email:

Phone Number:

Step 3: Fill Out An Application

Your school's child nutrition staff will work with you to fill out an application and answer any questions. If your application is accepted, your child will be able to participate in your school's nutrition programs at no or a reduced cost.



Food and Nutrition Division
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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www.SquareMeals.org

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